

Cranmer Country Cottages - Pool Rules & Terms of Use

The pool at Cranmer has no lifeguard. It is a self-regulated site and it is therefore vital that all users read and understand the following rules so everybody can enjoy this wonderful facility safely.

All guests and members using the swimming pool and changing facilities are expected to abide by the following Terms and conditions of use and Cranmer Country Cottages reserves the right to deny access to the pool facilities of any guest or member who is deemed by the management of Cranmer Country Cottages to have failed to comply.

We reserve the right to deny pool access to any residents who are not following the rules set out below:

1. Children (under 17 years) must be supervised by a parent/guardian (over 18 years) in the water with them at all times.
2. Adult supervision ratio: 0 – 3 years = 1 adult: 1 child with or without armbands.
4 – 7 years = 1 adult: 2 children with or without armbands.
3. Infants under the age of 12 months old are not permitted in our salt-dosed pool (As advised by Norfolk District Council).
4. Infants must wear close fitting neoprene protective swimwear - Splash About Happy Nappy
5. Please shower before and after using the pool.
6. Do not consume alcohol or food immediately before swimming.
7. Do not swim if you have prior health problems: heart trouble, epilepsy, impaired hearing or sight.
8. Do not swim if you or any members of your party are unwell or have suffered with diarrhoea or sickness in the past 14 days, have a raised temperature or are suffering from a flu virus.
9. Strictly no diving - the pool is less than 1.5m depth.
10. No running or jumping from the poolside.
11. No lone swimming as there is no lifeguard.
12. No jewellery to be worn.
13. No pool parties, no unruly behaviour – no bombing.
14. No inflatable play structures, masks or flippers.
15. No ball games – walls are soft red brick, the pool has large windows.
16. Food and drink are not permitted in the pool building.
17. Swimmers must provide their own towels - not use the cottage towels.
18. Time slots must be honoured - the pool hall and changing rooms must be vacated by the end of the session time indicated on our pool time table.
19. Health and safety rules must be obeyed.
20. Sickness or faecal accidents must be reported to us by telephone or email immediately.
21. Pool used strictly at user's own risk.
22. Personal property is left at owner's own risk.
23. Pool is available for the use of Home Farm residents only, not their guests or visitors.

Use of the pool building:

1. Access to the pool is with an electronic fob key.
2. CCTV is in use in the pool hall.
3. We will make a charge of £30.00 if the key is lost or not returned at the end of your stay.
4. No outdoor shoes to be worn past the internal lobby door.
5. Do not prop open any doors leading to the outside, they must remain closed at all times.
6. Only use fire exits for escape in an emergency.
7. Never let people into the pool building who are not in your party. Be watchful of small children trying to enter the building unsupervised.
8. Never hand the entry key to children in your party.
9. Footwear must be worn between your cottage and the pool, includes children.
10. Clothing is to be cleared from the cubicles, put into the lockers provided.
11. Please dispose of nappies in the household waste and do not leave in the changing room bins.

Pool Opening times:

Monday–Thursday 7am–11.45am & 3pm–7pm (5.00pm - 7.00pm Friday) & all-day Saturday & Sunday 7.00am – 7.00pm.

The pool and changing areas must be vacated within the above times.

On your day of departure please beware that you must vacate the property by 10.00 am, this includes the pool facility.

Other points:

- Please do not hog the pool session time.
 - Please be mindful of other guests using the pool.
 - Encourage small children to use the W.C. before they swim.
 - Please leave the changing rooms in good order.
 - Length – 12 metres; width – 5 metres.
 - Shallow end – 0.9 metres; deep end – 1.27 metres.
 - Full climate control.
 - Heated to 29°C
 - Salt-dosed sanitised water from our borehole
 - We reserve the right to close the pool at any time for maintenance purposes.
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